

Customary Units	Metric Units
1 inch	2.54 centimeters
1 foot	30.48 centimeters or 0.3048 meter
1 yard	0.914 meter
1 mile	1.609 kilometers
1 ounce	28.350 grams
1 pound	454 grams or 0.454 kilogram
1 fluid ounce	29.574 milliliters
1 quart	0.946 liter
1 gallon	3.785 liters

Metric Units	Customary Units
1 centimeter	0.394 inch
1 meter	3.281 feet or 1.093 yards
1 kilometer	0.621 mile
1 gram	0.035 ounce
1 kilogram	2.205 pounds
1 milliliter	0.034 fluid ounce
1 liter	1.057 quart or 0.264 gallon